

Blue Ridge – Leesburg Torch Club of Leesburg  
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International  
Torch Clubs

**Torch Club Tuesday, March 16, 2021 from 7:00 p.m. via Zoom**  
**zoom.us/join --Meeting ID: 874 9070 7037 Passcode: 441448**

**Topic: Using Horses for Therapy**  
**Speaker: Adrienne Freeland**



Adrienne Freeland is a PATH (International Professional Association of Therapeutic Horsemanship) Certified Instructor and has her BS degree in Recreational Therapy from West Virginia University. She owns and operates HHS Holistic Horsemanship Services a nonprofit pending business in Northern Va. that connects horses and humans through Equine Assisted Learning. She is also the Equine module provider for Boulder Crest Retreat in Bluemont, Virginia. She hosts grief support groups in the barn with the horses in collaboration with Blue Ridge Hospice. She has been in the world of horses for over 40 years. She worked as a Recreational Therapist specializing in Traumatic Brain Injury and Stroke rehabilitation for 15 years. Her talk is called Leadership, Partnership and Connection with a focus on nonverbal or alternative communication. Horses do not care about your words;

they care about the energy you bring into their space.

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